



PERSONAL INFORMATION

TODAY'S DATE ____/____/____

NAME: LAST _____ FIRST _____ MIDDLE INITIAL _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

** Please circle the phone number you wish to be contacted with results.
May we leave a voice message on that phone with your results? YES NO

HOME PHONE (____) ____ - ____ CELL (____) ____ - ____ WORK (____) ____ - ____

DATE OF BIRTH ____/____/____ SEX F M SOCIAL SECURITY # ____/____/____

EMAIL ADDRESS _____ (will NOT be shared)

PRIMARY CARE DOCTOR _____ REFERRING PHYSICIAN _____

MARITAL STATUS: SINGLE DIVORCED LEGALLY SEPARATED PARTNER
 MARRIED (SPOUSE NAME _____) WIDOWED UNKNOWN

EMPLOYER NAME _____ ADDRESS _____

EMPLOYMENT STATUS: FULL TIME NOT EMPLOYED RETIRED PART TIME
 SELF EMPLOYED ACTIVE MILITARY

STUDENT STATUS: FULL TIME PART TIME

RESPONSIBLE PARTY: SELF GUARANTOR RELATIONSHIP _____

NAME _____ ADDRESS _____

CITY _____ STATE _____ ZIP _____

DOB ____/____/____

EMERGENCY CONTACT:

NAME LAST _____ FIRST _____ RELATIONSHIP _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

THEIR HOME PHONE (____) ____ - ____ THEIR WORK PHONE (____) ____ - ____

AUTHORIZATION TO RELEASE INFORMATION TO:

NAME _____ RELATIONSHIP _____ PHONE (____) ____ - ____

PHARMACY:

NAME _____ LOCATION _____

PHONE (____) ____ - ____ FAX (____) ____ - ____

The above information is true to the best of my knowledge. I understand that I am financially responsible for any balance. I authorize *Crabapple Integrative and Internal Medicine* and my insurance company to release any information required to process my claims.

Patient or Guardian Signature: _____ Date _____

What brings you to see the clinic today?

What are your most important health concerns (Top 3)?

- 1)
- 2)
- 3)

How did you hear about our clinic?

Medical History

Please list all previous diagnoses of any medical conditions:

Hospitalizations:

What hospitalizations or surgeries have you had? _____

Imaging:

What diagnostic imaging studies have you had? X-rays CT scan PET scan MRI
 Endoscopy Colonoscopy Sigmoidoscopy Bone density scan Mammogram
 EKG/ECG EEG

Were there any significant findings?

Allergies:

Are you aware of any **allergies** to food, drugs, or other environmental allergens (cats, mold, and dust)? If yes, please list and explain:

Childhood Illnesses

Please circle whether you have/had any of the following conditions:

- | | | | |
|----------------|-----------------|-------------|-----------------------|
| Diphtheria | Mumps | Polio | Rubella |
| German measles | Rheumatic fever | Pertussis | Chronic Ear or Throat |
| Measles | Scarlet fever | Chicken Pox | infections |
| Tuberculosis | Other _____ | | |

Past Immunizations

Please circle any of the following immunizations you have had. If unsure, please write a question mark beside the immunization.

Diphtheria	Polio	Hepatitis A/ B
Measles/Mumps/Rubella (MMR)	Tetanus	HiB
Pertussis	Varicella (Chicken Pox)	Influenza; annually? Yes / No
Other(s) _____		

Family History

Do you have a family history of any of the following (please circle)?

Anemia	Diabetes	Goiter	Kidney disease
Arthritis	Epilepsy	Hay fever/hives	Liver disease
Asthma	Gall bladder disease	Heart disease	Mental illness
Cancer	Glaucoma	Heart murmur	Stroke
Cataracts	Gluten Sensitivity	High blood pressure	Tuberculosis

Is your father still living? Yes; his age _____ No; age at time of death _____ Cause of death _____

Is your mother still living? Yes; her age _____ No; age at time of death _____ Cause of death _____

Review of Systems

Please circle. Y= Yes, present condition P=Problem of the past N=No, never had the condition.

Head

Headaches	Y P N	Migraine headaches	Y P N
Head injury	Y P N	Jaw/TMJ problems	Y P N

Ear

Ringings	Y P N	Dizziness	Y P N	Frequent wax build up	Y P N
Earaches	Y P N	Impaired hearing	Y P N	Itchy or moist ears	Y P N

Eyes

Blurred vision	Y P N	Cataracts	Y P N	Glasses/contacts	Y P N
Eye pain/strain	Y P N	Glaucoma	Y P N	Tearing/dryness	Y P N
Spots in eyes	Y P N	Color blind	Y P N	Double vision	Y P N

Nose/Sinuses

Stuffiness	Y P N	Loss of smell	Y P N	Sinus problems	Y P N
Hayfever	Y P N	Nose bleeds	Y P N	Frequent discharge	Y P N

Mouth/Throat

Hoarseness	Y P N	Gum problems	Y P N	Freq. sore throat	Y P N
Jaw clicks	Y P N	Dental cavities	Y P N	Sore lips/tongue	Y P N
Dry Mouth	Y P N				

Neck

Lumps	Y P N	Swollen glands	Y P N
Goiter	Y P N	Pain or stiffness	Y P N

Skin

Rashes	Y P N	Psoriasis	Y P N	Eczema, hives	Y P N
Lumps	Y P N	Acne, boils	Y P N	Color changes	Y P N
Itching	Y P N	Loss of hair	Y P N	Night sweats	Y P N

Respiratory

Asthma	Y P N	Wheezing	Y P N	Spitting up blood	Y P N
Cough	Y P N	Bronchitis	Y P N	Difficulty breathing	Y P N
Sputum	Y P N	Pneumonia	Y P N	Pain with breathing	Y P N
Pleurisy	Y P N	Emphysema	Y P N	Shortness of breath	Y P N
Tuberculosis	Y P N	Difficulty breathing while lying down at night	Y P N		

Cardiovascular

Angina	Y P N	Chest pain	Y P N	Blood clots	Y P N
Murmur	Y P N	Heart disease	Y P N	Rheumatic fever	Y P N
Fainting	Y P N	Ankle swelling	Y P N	Low/high blood pressr	Y P N
Anemia	Y P N	Cold hands/feet	Y P N	Thrombophlebitis	Y P N
Leg pain	Y P N	Easy bruising	Y P N	Varicose veins	Y P N

Gastrointestinal

Diarrhea	Y P N	Constipation	Y P N	Ulcers	Y P N
Black stool	Y P N	Coughing up blood	Y P N	Jaundice	Y P N
Hemorrhoids	Y P N	Gall bladder disease	Y P N	Heartburn	Y P N
Abdominal pain	Y P N	Blood in stool	Y P N	Liver disease	Y P N

How many bowel movements per day? _____

Are they generally: loose well-formed dry and hard pebble-like

Urinary

Incontinence	Y P N	Frequent infections	Y P N	Painful urination	Y P N
Kidney stones	Y P N	Frequency at night	Y P N	Change in color / odor	Y P N

Musculoskeletal

Joint pain	Y P N	Muscle spasms	Y P N	Stiffness	Y P N
Arthritis	Y P N	Muscle pain/soreness	Y P N	Broken bones	Y P N
Sciatica	Y P N	Muscle weakness	Y P N		

Neurological

Fainting	Y P N	Paralysis	Y P N	Numbness/tingling	Y P N
Seizures	Y P N	Loss of memory	Y P N	Muscle weakness	Y P N

Emotional

Mood swings	Y P N	Nervousness	Y P N	Tension/stressed	Y P N
Anxiety	Y P N	Depression	Y P N	Loss of loved one	Y P N

Endocrine

Hypothyroid	Y P N	Excessive thirst	Y P N	Cold intolerance	Y P N
Hyperthyroid	Y P N	Excessive hunger	Y P N	Heat intolerance	Y P N

Male Reproductive

Hernias	Y P N	Testicular masses	Y P N	Discharge or sores	Y P N
Prostate issues	Y P N	Sexual difficulty	Y P N	Testicular pain	Y P N
Premature Ejaculation	Y P N	Sexually transmitted disease/infections	Y P N	Blood in semen	Y P N

Female Reproductive

Age of first menses _____ Age of last menses (if menopausal) _____

Length of cycle _____

Duration of menses _____

Date of last gynecological annual exam _____

Painful menses	Y P N	Endometriosis	Y P N	Ovarian cysts	Y P N
Heavy flow	Y P N	Fertility issues	Y P N	Cervical dysplasia	Y P N

Breast tenderness	Y P N	Venereal disease	Y P N	Bleeding between cycles	Y P N
Sexually active	Y P N	Cycles regular	Y P N	Menopausal symptoms	Y P N
Sexual difficulty	Y P N	Abnormal pap	Y P N	PMS	Y P N
Breast lump(s)	Y P N	Nipple discharge	Y P N	Do self breast exams	Y P N
Birth control	Y P N	If yes, what type?	_____		
Number of pregnancies	_____		Number of live births	_____	
Number of miscarriages	_____		Number of abortions	_____	

Environmental

Circle any of the following you routinely use at home: *Gas heat Oil heat Electric heat Wood stove Air conditioning Electric blanket T.V. Distilled/ Filtered/ Spring/ Well/ Deionized/ Tap water*
 Is your home and work environment well ventilated?

Is your home or work environment excessively damp or moist?

Has there been any known mold growth, leaks, or large spills in your home or place of employment?

Please circle any of the following you feel most bothered by:
Sunshine Lack of sunshine Dampness Dryness Cold Heat Seashore Mountains New Moon Full Moon Dust/Mold Cat or Dog hair Car fumes Poor air/ventilation Spring Summer Fall Winter Change in weather (specify) Wind Approach of a storm Fluorescent lighting Chemicals Other (specify)

Do you get outdoors daily, even in the winter? _____

How do you feel about your work? Do you enjoy it, are you satisfied and fulfilled by it, does it provide you with the necessities of life, is it just a job you feel you must put in the hours in order to make a living?

Have you ever lived in or near an industrial area, waste management area, known environmentally contaminated area? _____

Have you ever worked with chemicals, pesticides, solvents, plastics, resins, metals, etc?

Do any of your hobbies include the use of chemicals, pesticides, solvents, plastics, resins, metals, etc?

Is there anything else you would like us know in order to serve you better?
